

**WORRY WRECKS  
FROM THE BEGINNING**  
Genesis 12:10–20  
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**1. WORRY WRECKS YOUR DECISIONS**

<sup>10</sup> There was a famine in the land, so Abram went down to Egypt to stay there for a while because the famine in the land was severe. <sup>11</sup> When he was about to enter Egypt, he said to his wife, Sarai, “Look, I know what a beautiful woman you are. <sup>12</sup> When the Egyptians see you, they will say, ‘This is his wife.’ They will kill me but let you live. <sup>13</sup> Please say you’re my sister so it will go well for me because of you, and my life will be spared on your account.” <sup>14</sup> When Abram entered Egypt, the Egyptians saw that the woman was very beautiful. <sup>15</sup> Pharaoh’s officials saw her and praised her to Pharaoh, so the woman was taken to Pharaoh’s household. <sup>16</sup> He treated Abram well because of her, and Abram acquired flocks and herds, male and female donkeys, male and female slaves, and camels.  
Genesis 12:10–16

<sup>25</sup> The fear of mankind is a snare, but the one who trusts in the Lord is protected. <sup>26</sup> Many desire a ruler’s favor, but a person receives justice from the Lord. Proverbs 29:25–26

<sup>6</sup> Don’t worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus. Philippians 4:6–7

<sup>5</sup> Now if any of you lacks wisdom, he should ask God—who gives to all generously and ungrudgingly—and it will be given to him. James 1:5

**2. WORRY WRECKS YOUR RELATIONSHIPS**

<sup>17</sup> But the LORD struck Pharaoh and his household with severe plagues because of Abram’s wife, Sarai. <sup>18</sup> So Pharaoh sent for Abram and said, “What have you done to me? Why didn’t you tell me she was your wife? <sup>19</sup> Why did you say, ‘She’s my sister,’ so that I took her as my wife? Now, here is your wife. Take her and go!” <sup>20</sup> Then Pharaoh gave his men orders about him, and they sent him away with his wife and all he had.  
Genesis 12:17–20

<sup>19</sup> Although I am free from all and not anyone’s slave, I have made myself a slave to everyone, in order to win more people. <sup>20</sup> To the Jews I became like a Jew, to win Jews; to those under the law, like one under the law—though I myself am not under the law—to win those under the law. <sup>21</sup> To those who are without the law, like one without the law—though I am not without God’s law but under the law of Christ—to win those without the law. <sup>22</sup> To the weak I became weak, in order to win the weak. I have become all things to all people, so that I may by every possible means save some. <sup>23</sup> Now I do all this because of the gospel, so that I may share in the blessings. 1 Corinthians 9:19–23